

MARCH 2010

Secaucus Senior Center 101 Centre Avenue

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SENIORS WITH WHEELCHAIRS MUST MAKE RESERVATIONS FOR ALL SATURDAY & SUNDAY TRIPS	10:00 Pokeno 1 12:30 Bingo	9:00 COLUMBIA 2 PARK MALL 10:00 Easy Fitness 12:30 Bingo	9:00 WAL★MART 3 KOHL'S & MILL CREEK MALL 10:00 Water Aerobics 1:00 HARMON COVE OUTLET CENTER Card Club ♠	9:00 CORRADO'S 4 10:00 Billiards Light & Lively Aerobics 1:00 H-MART (Ridgefield) GOLDEN AGE CLUB	10:30 HEALTH- 5 FIRST NJ Seminar Medicare Benefits Refreshments 12:30 Bingo Pinochle	6 Pickups start at 9:00 for WOODBRIDGE MALL NO IN-TOWN BUS SERVICE TODAY
7 8:10 Church Pickups start at 11:05 STYERTOWNE PLAZA & CLIFTON ACME	10:00 GARDENING 8 CLASS 12:30 Bingo	9:00 RIVERSIDE 9 SQUARE MALL 10:00 Easy Fitness 12:30 Bingo A/C BUS RIDE	9:00 WAL★MART 10 KOHL'S & MILL CREEK MALL 10:00 Water Aerobics 1:00 COLUMBIA PK. & FUN BUFFET Card Club ♥	9:30 WILLOW- 11 BROOK MALL 10:00 Billiards Light & Lively Aerobics 1:00 Card Club ♣	10:30 NJ CITIZEN 12 ACTION Frauds & Scams Refreshments 12:30 Bingo Poker	13 8:00 for WAL★MART & MILL CREEK MALL 12:00 St. Patrick's Luncheon at H.S. reservations required LIBRARY DAY
14 8:10 Church Pickups start at 11:05 LYNDHURST SUPER STOP & SHOP	10:00 Pokeno 15 12:30 Bingo	9:00 JERSEY 16 GARDENS 10:00 Easy Fitness 12:30 Bingo	9:00 WAL★MART KOHL'S & MILL CREEK MALL 10:00 Water Aerobics 1:00 CiCi's PIZZA \$6 BUFFET Card Club ♦	9:30 BOWLING 18 & Lunch Call 201-867-2957 10:00 Billiards Light & Lively Aerobics 1:00 Card Club ♠	11:00 MONTCLAIR 19 UNIVERSITY Nutrition & Exercise 11:30 \$1 LUNCH SPECIAL 12:30 Bingo Pinochle	20 9:00 for WAL★MART (Saddlebrook) NO IN-TOWN BUS SERVICE TODAY!
21 8:10 Church Pickups start at 11:05 STYERTOWNE PLAZA & CLIFTON ACME	10:00 GARDENING 22 CLASS 12:30 Bingo	9:00 TRADER 23 JOE'S 10:00 Easy Fitness 12:30 Bingo 1:00 PECHTER'S	9:00 WAL★MART 24 KOHL'S & MILL CREEK MALL 10:00 Water Aerobics 11:30 MOVIE THEATER PROGRAM No PM bus service	9:00 BERGEN 25 MALL 9:30 Blood Pressure at Kroll & RIT 10:00 L & L Aerobics 11:00 Blood Pressure at The Elms 1:00 Card Club ♥	10:30 KIPNIS 26 Refreshments 11:00 Blood Pressure at Senior Center 12:30 Bingo 2:00 Birthday Party	27 8:00 for WAL★MART & MILL CREEK MALL LIBRARY DAY
28 8:10 Church Pickups start at 11:05 LYNDHURST SUPER STOP & SHOP	10:00 Pokeno 29 12:30 Rummikubs Scrabble 5:00 Doors Open 6:00 BINGO RESERVE YOUR SEAT	9:00 PARAMUS 30 K-MART, CHRISTMAS TREE STORE & Lunch 10:00 Easy Fitness 12:30 Bingo	9:00 WAL★MART 31 KOHL'S & MILL CREEK MALL 10:00 Water Aerobics 1:00 DOLLAR ZONE (Lyndhurst)	SHOP-RITE FOOD SHUTTLE MONDAY - THURSDAY CALL - 201 - 865 - 4422	RESERVATIONS REQUIRED FOR ALL SHOPPING TRIPS CALL - 201 - 865 - 4422	TIME LISTED ON THE CALENDAR IS THE TIME THE BUS IS LEAVING TOWN

PICKUPS START ABOUT ONE-HALF HOUR BEFORE THE TIME LISTED

SECAUCUS SENIOR CENTER
101 CENTRE AVENUE - 201-330-2034

Join Us For Lunch!

Congregate Dining: Monday - Friday at noon

Important Phone Numbers:

Social Services	201-330-2014
Senior Center	201-330-2034
Senior Citizen Bus	201-865-4422
Meals on Wheels	201-330-2094
Medical Escort	201-330-2082
Sec. Housing Authority	201-867-2957
Social Security	800-772-1213
Medicare	800-633-4227
PAAD/LifeLine	800-792-9745

☺ **March Birthdays:** Philomena Cinotti, Pat Claudio, Connie Lombardi, Pat Reuter, Ann Vignola, Jean Walka. **Please let us know if you would like your name added to this list.**

Library Bus Schedule:

Weekdays by request - Every Other Saturday when the bus is in town. See the Senior Center calendar.

S.C.I.L.S. Meeting: 4th Tuesday each month. Senior Community Independent Living Services - advocacy related services and assistance with securing self-help devices and shopping to visually impaired or blind seniors.

How many words with at least three letters can you make from the word **BELATED**? Can you find at least 20?

<p style="text-align: center;">Clubs</p> <p style="text-align: center;">Golden Age President1st Thursday Marie Kleinberg.....201-865-1345</p> <p style="text-align: center;">March Trips</p> <p style="text-align: center;">9th - Golden Age - Atlantic City 25th - Golden Age - Ehrhardt's</p>
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CHURCH BULLETIN BLOOPERS!

For those of you who have children and don't know it, we have a nursery downstairs.

The eighth-graders will be presenting Shakespear's Hamlet in the church basement on Friday at 7 p.m. The congregation is invited to attend this tragedy.

Remember in prayer the many who are sick of our church and community.

Scouts are saving aluminum cans, bottles, and other items to be recycled. Proceeds will be used to cripple children.

Low Self-Esteem Support Group will meet Thursday at 7 to 8:30 p.m. Please use the back door.

Ushers will eat late comers.

A song-fest was held at the Methodist church Wednesday.

Potluck supper: Prayer and meditation to follow.

DOUBLE BUBBLE

A distraught dog owner called a vet pleading for an immediate appointment. He explained that his dog had a large growth or swelling near the corner of his mouth that appeared to grow over night, so I told him to bring the animal over.

When the man came in with his dog, the vet examined the animal as the man stood by, anxiously waiting the vet's opinion. At last the doctor turned to him and asked, "Do you have any children?"

"Oh my gosh, is it contagious?" the man gasped.

"No," the doctor answered. "It's bubble gum."



DID YOU EVER WONDER?

Who was the first person to look at a cow and say, "I think I'll squeeze these dangly things here and drink whatever comes out?"

If Jimmy cracks corn and no one cares, why is there a song about him?

Why does your OB-GYN leave the room when you get undressed?

Why do people point to their wrist when asking for the time, but don't point to their crotch when they ask where the bathroom is?

Why is it that when someone tells you that there are over a billion stars in the universe, you believe them, but if they tell you there is wet paint somewhere, you have to touch it to make sure?